

- 1. Leave the current dressing on for 18-24 hours and do not get it wet during that time.
- 2. After 24 hours wash site normally with mild soap/cleanser.
- 3. Apply a small amount of Vaseline or Aquaphor healing ointment (available without a prescription) to the area.
- 4. Cover with a bandage using a non stick gauze pad and paper tape or Band Aid(s).
- 5. Repeat this twice each day for about 7 days, or as instructed by your provider.

Should bleeding occur, apply pressure for 10-15 minutes to the site. If bleeding continues, apply pressure again for 10-15 minutes. If bleeding persists despite applying consistent pressure, call the office or go to the nearest emergency room.

Call the office for any questions or concerns.

NOTE: Biopsy results will be reviewed at the time the sutures (stitches) are removed or you will be notified with the results (which usually takes 10-14 days)

Supplies for surgical site care:

- I. Non stick gauze pads and Band Aids
- 2. Mild soap/cleanser (Dove, Lever 2000, Cetaphil, etc.)
- 3. Paper tape
- 4. Vaseline or Aquaphor healing ointment

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