



DERMATOLOGY
ASSOCIATES
of GEORGIA

How to Use Your Acne Medications

Morning:

1. Wash face at sink or/body acne in shower with cleanser:
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2. Apply acne medicine:
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Use a very small amount all over in a thin layer (not as spot treatment)

*Either before or after your acne medicine is applied, you may apply an oil free moisturizer such as CeraVe or Cetaphil lotions. If you are exposed to the sun, a moisturizer that contains sunscreen > spf 30 is recommended.

Evening:

1. Wash areas of acne with cleanser:
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2. Apply acne medicine:
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Use a very small amount (one or two chocolate chip sized drops) all over face in a thin layer (not as a spot treatment).

*Use an oil free moisturizer if skin is dry such as Cetaphil or CeraVe products

**Acne medicines can be irritating and drying to the skin, especially in the first two weeks of use. If your skin becomes dry, red, or irritated, it is okay to skip a day or two of using the acne medicines. You may continue with the oil free moisturizers and gentle skin cleansers such as CeraVe or Cetaphil products until the irritation subsides.

If the irritation persists, your medicine may need to be changed to a gentler product.