

# PATIENT HEALTH & ALLERGY HISTORY



Patient name: \_\_\_\_\_ ID#: \_\_\_\_\_

Date: \_\_\_\_\_ Patient age: \_\_\_\_\_ Sex:  M  F Occupation: \_\_\_\_\_

Race:  White  Hispanic  Black/African-American  Asian  American Indian  Other

- Existing Conditions:**
- |   |   |
|---|---|
| <input type="checkbox"/> Cancer _____                   | <input type="checkbox"/> Stroke _____                 |
| <input type="checkbox"/> Cardiovascular Disease _____   | <input type="checkbox"/> Diabetes _____               |
| <input type="checkbox"/> High Blood Pressure _____      | <input type="checkbox"/> Depression _____             |
| <input type="checkbox"/> Alcohol/Drug Abuse _____       | <input type="checkbox"/> Liver Disease _____          |
| <input type="checkbox"/> High Cholesterol _____         | <input type="checkbox"/> Kidney Disease _____         |
| <input type="checkbox"/> Lung/Respiratory Disease _____ | <input type="checkbox"/> Neurological Disorders _____ |
| <input type="checkbox"/> Infectious Disease _____       | <input type="checkbox"/> Allergies _____              |
| <input type="checkbox"/> Pregnancy _____                | <input type="checkbox"/> Menopause: _____             |
| <input type="checkbox"/> Immune disorders _____         | <input type="checkbox"/> Puberty _____                |
| <input type="checkbox"/> Obesity _____                  | <input type="checkbox"/> Skin Disorders _____         |
| <input type="checkbox"/> Other _____                    |   |

- Current Medicines:**
- OTC & Rx  
(dates, dosage)
- |   |   |
|---|---|
| <input type="checkbox"/> Vitamins/Minerals _____    | <input type="checkbox"/> Herbs _____                    |
| <input type="checkbox"/> NSAIDs _____               | <input type="checkbox"/> Aspirin _____                  |
| <input type="checkbox"/> Asthma Medications _____   | <input type="checkbox"/> Antihistamines _____           |
| <input type="checkbox"/> Oral contraceptives _____  | <input type="checkbox"/> Thyroxin _____                 |
| <input type="checkbox"/> Sedatives/Sleep Aids _____ | <input type="checkbox"/> Steroids (nasal/topical) _____ |
| <input type="checkbox"/> Rx Pain Meds _____         | <input type="checkbox"/> Antidepressants _____          |
| <input type="checkbox"/> Oral hypoglycemics _____   | <input type="checkbox"/> Insulin _____                  |
| <input type="checkbox"/> Hormones _____             | <input type="checkbox"/> Antibiotics/Antifungals _____  |
| <input type="checkbox"/> Diuretics _____            | <input type="checkbox"/> Other BP Medications _____     |
| <input type="checkbox"/> Statins _____              | <input type="checkbox"/> Anticoagulants _____           |
| <input type="checkbox"/> Other _____                |   |

- Medical Devices:**
- (including dental)
- |   |   |
|---|---|
| <input type="checkbox"/> Implants _____       | <input type="checkbox"/> Stents _____   |
| <input type="checkbox"/> Braces _____         | <input type="checkbox"/> Fillings _____ |
| <input type="checkbox"/> Crowns/Bridges _____ | <input type="checkbox"/> Other: _____   |



**Current Complaint:** \_\_\_\_\_

Date of onset and/or duration: \_\_\_\_\_

**At onset:** Area(s) affected \_\_\_\_\_

Severity:  Mild  Moderate  Severe

Type and pattern of eruption: \_\_\_\_\_

**Now:** Area(s) affected \_\_\_\_\_

Severity:  Mild  Moderate  Severe

Currently:  Stable  Increasing  Decreasing  Unclear

Worsens:  During work week  After weekend

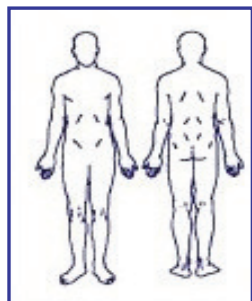
Improves:  After weekend  After holidays/vacations

Outbreaks Occur:  Annually  Seasonally  Monthly  Unclear

Previous Outbreaks:  No  Yes Date(s): \_\_\_\_\_

Self-Treat:  No  Yes Date(s): \_\_\_\_\_

Physician Treatment:  No  Yes Date(s): \_\_\_\_\_



**History of allergic disorders:**
 Asthma                       Hay fever                       Childhood eczema                       Urticaria

 Food allergy:     Known             Suspected             Type \_\_\_\_\_

 Other known allergies:     Nickel/metals     Flowers/Trees/Grasses     Perfume/fragrance     Latex (type I)  
 Insects                       Medicines                       Rubber                       Animals  
 Other \_\_\_\_\_

Suspected allergies: \_\_\_\_\_

 Previous drug reactions:     None                       Yes (drug/date) \_\_\_\_\_

 Family history of allergies and asthma:     Yes     No                      Hay fever:     Yes     No                      Eczema:     Yes     No

Relationship (name) \_\_\_\_\_ Disease (name) \_\_\_\_\_

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**Home Environment:**
 Home     Apartment/Condo                      Constructed after 1980?     Yes                       No

 Renovated since 1980?     Yes     No                      Location:     Suburban     Urban                       Rural

 Other location: \_\_\_\_\_ Lived there since: \_\_\_\_\_

 Pets:     None     Cats     Dogs     Birds     Rodents     Livestock: \_\_\_\_\_ Other \_\_\_\_\_

 Current animal contact:     Daily     Rare     Occasional                      Pets in house?     Yes                       No

 Pets/animals as a child?     None     Type: \_\_\_\_\_                      Contact:     Rare                       Frequent

 Symptoms around animals:     No     Yes    Describe: \_\_\_\_\_

 Housecleaning frequency:     Daily     Weekly     Monthly     Occasionally                       Rarely

 Participate in housecleaning:     Never     Always     Occasionally                       Rarely

Equipment/Materials used: \_\_\_\_\_

 Help with laundry?     Never     Daily     Weekly     Occasionally    Detergent: \_\_\_\_\_

 Symptoms at home:     No     Yes    Describe: \_\_\_\_\_
**Sports/Hobbies:**
 golf     tennis/raquetball                       woodworking                       computers     baseball     sewing

 football     skiing     knitting/needlework                       paper crafts                       ceramics     piano

 painting     guitar     running/hiking                       home repairs                       basketball     photography

 other \_\_\_\_\_

 Frequency:     Daily     Few times weekly                       Weekends only                       Rarely                      Duration: \_\_\_\_\_

Equipment/Materials used: \_\_\_\_\_

 Symptoms with sports/hobbies:     No     Yes    Describe: \_\_\_\_\_
**Personal Care:**
 Handwashing frequency: \_\_\_\_\_ Soap type: \_\_\_\_\_

 Bathing frequency: \_\_\_\_\_ Soap type: \_\_\_\_\_

 Deodorant use/frequency: \_\_\_\_\_ Deodorant type: \_\_\_\_\_

 Lotion use/frequency: \_\_\_\_\_  Creme use/frequency: \_\_\_\_\_

 Cologne/perfume use/frequency: \_\_\_\_\_  Aftershave use/frequency: \_\_\_\_\_

 Shaving cream use/frequency: \_\_\_\_\_  Hair coloring use/frequency: \_\_\_\_\_

 Toothpaste use/frequency: \_\_\_\_\_  Mouthwash use/frequency: \_\_\_\_\_

 Shampoo use/frequency: \_\_\_\_\_  Conditioner use/frequency: \_\_\_\_\_

 Hair styling aids use/ frequency: \_\_\_\_\_  Nail conditioner/remover use/frequency: \_\_\_\_\_

 Nails polish use/frequency: \_\_\_\_\_  Artificial nail use/frequency: \_\_\_\_\_

 Contact lenses: \_\_\_\_\_  Saline/cleaner: \_\_\_\_\_

 Makeup Use:  Foundation/base     Blush     Eyelid powder                       Eyeliner     Mascara     Remover

 Lipstick/gloss/liner     Concealer     Face Powder                       Other: \_\_\_\_\_

 Facials:     Toner/Astringent     Masque     Moisturizer/Cream     Cleanser     Other \_\_\_\_\_

Condoms/diaphragms:  Daily  Weekly  Monthly  Occasionally  Don't use

Type: \_\_\_\_\_

Other personal care products use/ frequency: \_\_\_\_\_

Symptoms with personal care: \_\_\_\_\_

**Jewelry & Tattoos:** Wear  Daily  Few times each week  Weekends  Rarely  Never

Jewelry type  Earring(s)  Ring(s)  Bracelet(s)  Watch(s)  Necklace(s)

Piercing(s): \_\_\_\_\_

Tatoos:  Recent  Old  Permanent  Temporary  Henna-based

Symptoms with jewelry/tatoos: \_\_\_\_\_

**Employment history:** Current employer: \_\_\_\_\_ Since (date): \_\_\_\_\_

Job title: \_\_\_\_\_ Since (date): \_\_\_\_\_

Job description: \_\_\_\_\_

Employer at onset of dermatitis: \_\_\_\_\_

Previous job description and duration: \_\_\_\_\_

Previous /  current contact:  Metals  Dust  Vibration  Cold/heat  Fibers  
 Chemicals  Fumes  Other: \_\_\_\_\_

Work Environment:  Office  Factory  Hospital  Construction site  Farming  Laboratory  
 Indoors  Outdoors  Other \_\_\_\_\_

Work Equipment:  Gloves  Boots  Apron  Mask/respirator  Face shield  Head cover  
 Badge  Monitors  Overalls  Other \_\_\_\_\_

Symptoms at work: \_\_\_\_\_ Since (date): \_\_\_\_\_

Description of work when rash began: \_\_\_\_\_

Materials used at work: \_\_\_\_\_

Treat and/or  document at place of employment: \_\_\_\_\_

Effect of weekends/holidays/vacations  Same  Improves  Worsens

Loss of work:  No  Yes, on dates: \_\_\_\_\_ Other workers with same problem?  No  Yes

Previous compensation claims:  No  Yes, for \_\_\_\_\_

Part-time or  Second job:  No  Yes, as: \_\_\_\_\_

2<sup>nd</sup> job description: \_\_\_\_\_

Work Environment:  Office  Factory  Hospital  Construction site  Farming  Laboratory  
 Indoors  Outdoors  Other \_\_\_\_\_

Symptoms at 2<sup>nd</sup> job:  same as above  different: \_\_\_\_\_ Since (date): \_\_\_\_\_

**Notes:**